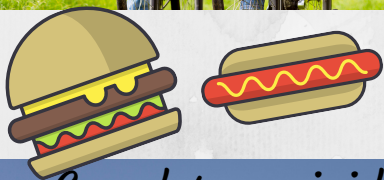




# National Senior Health and Fitness Day Celebration



May 31st  
9am-12pm  
at Senior  
Services Plus,  
Alton IL



*Complete a mini health screening and get a complimentary milkshake, sundae, corndog, or hamburger lunch*

